

What to Expect of the First Day of Summer Sailing

Remember: The “PCYF Youth Acknowledgement and Waiver 2008” must be signed and returned to PCYF prior to the start of class.

Arrive at PCYC between 8:45 AM and 9:00 AM. PCYC is located at 2600 South Harbor Blvd. in Oxnard.

Upon arrival, parents should check in with Rhonda Plomteaux, our Program Director.

The following items should be brought to sailing class everyday.

- Hat
- Sunglasses (*with Croakies or other tethering system*)
 - Sun block (*waterproof and 15 spf or more*)
 - Foot protection
 - Coast Guard Approved lifejacket
 - Swim suit
 - Extra set of clothing (*clothes will get wet*)
- Towel
 - Sack lunch or money for lunch (*make sure lunch is in a seagull proof container*)
 - Plenty of water
 - Any medications or health items (*and all necessary instructions and authorizations*)
 - Anything else that you may feel necessary

All students will take a swim test in the PCYC pool on the first day of summer sailing! The swim test consists of swimming laps, treading water, and putting on a lifejacket while in the water.

Students will be ready to be picked up at 4:00 PM.